



PARTICIPANT INFORMATION SHEET

Please take time to read this sheet, or ask an adult to read it with you.

Why are we doing this research study?

Research is what scientists do to find out about things. In medical research doctors try to find out what causes people to be sick, and to find new ways of preventing them getting sick.

In this study we want to find out if a medicine called metformin can stop children developing diabetes.

Why have I been asked to take part?

You may remember in the first part of this study we tested your blood for diabetes antibodies. Your test showed that you do have antibodies.

We are asking all children and young adults who have these antibodies to take part in this part of the study.

Do I have to take part?

No. It is up to you.

- Your study doctor will ask you if you want to take part.
- Your parent(s)/guardian will be asked if they agree.
- You stop at any time without given a reason.

What will happen to me if I take part?

If you say 'yes' to taking part, we will ask you take some medicine at home every day and to come and visit your research nurse and doctor with an adult for some tests.



When you come to the hospital visits we will give you a drink like a sweet milk shake and also ask your parent and you some questions.

We will take some measurements such as your height and weight. We will also take some blood samples. Just like in the screening visit we will give you some numbing cream or spray so you will only feel a small scratch or pressure. This time, we will leave a tiny flexible tube in your arm called a cannula. We can take small amounts of blood from the cannula without you being able to feel it.

What should I know about the medicine?

Sometimes medicines can make you feel unwell. This is called a 'side effect, but not everyone gets side-effects, but for those that do, they only last a short time, with the most common being; - feeling sick, a sore tummy, not feeling hungry or having runny poo (diarrhoea). If you feel unwell at all it is important you let your parent and the research nurse know.

Will joining in the study help me?

We cannot promise the study will help you but the information we get from the study will help other children in the future.

What if I do not want to do the research anymore?

If at any time you don't want to do the research anymore, just tell your parents, doctor or research nurse. They will not be annoyed with you and you won't have to give a reason if you don't want to.

Thank you for taking the time to read this information sheet, and for thinking about taking part.

