



PARTICIPANT INFORMATION SHEET - SCREENING

Why are we doing this research study?

Research is what scientists do to find out about things. In medical research doctors try to find out why people become sick, and find new ways to prevent them becoming sick or to get better more quickly.

In this study we want to find out if we can stop children developing type 1 diabetes. The study is in two parts. In the first part, we want to find out which children have a greater chance of developing type 1 diabetes. Then in the second part we want to find out if a medicine can stop those children developing diabetes.

You are being invited to take part in the first part of the study called 'screening'.

Why am I being asked to take part?

You have been asked to take part because you have a brother or sister or parent that has type 1 diabetes.

We want to test your blood to for diabetes antibodies. About 19 out of 20 of the children we test will have no antibodies, or just one, which means they are very unlikely to develop diabetes.

What will happen to me if I take part in the research?

We will invite you to come to the hospital to meet the doctor and the research nurse.

During that visit we ask your parent(s) questions about your health.

If the study is suitable for you we will take a small blood sample. In children we use a special numbing spray or cream, so that you only feel a small scratch. The amount of blood is about one teaspoon.

We will then send your blood away to get tested.



At that time the research nurse will explain the study to you and what will happen next. You can ask as many questions as you want.

Do I have to take part?

No. It is up to you.

- Your study nurse or doctor will ask you to take part.
- Your parents/guardian will be asked if they also agree.
- You can say you want to stop at any time without giving a reason.

What will happen next?

We will send your parent(s) a letter or give them a call with your results. If you have the antibodies in your blood, we will invite you back and speak to you and your parent(s) about the next part of the study.

Will joining in the research project help me?

We cannot promise the study will help you. But if the study answers our question it may delay or stop some children getting diabetes.

What if I do not want to do the research anymore?

If at any time you don't want to do the research anymore, just tell your parents, doctor or nurse. They will not be cross with you.

If you do decide to drop out of the study we will ask if it okay to keep any information we have already collected to use for the study results.

Thank you for taking the time to read this information sheet, and for thinking about taking part.

